

Playbook

Reframing COVID To Win Back Your Productivity

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What did you come here to get?

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What's at risk if you DON'T get it?

What's at risk if you DO get it?

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What is one thing you can look forward to if you get what you came here for?

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3 - Buckets

The Stockdale Paradox

“You must never confuse faith that you will _____ in the end – which you can never afford to lose – with the _____ to confront the most brutal facts of your current reality, whatever they might be.”

~ James Stockdale, U.S. Navy Vice Admiral

C.O.V.I.D.

C -

O -

V -

I -

D -

C – Center Your Self

N O W H E R E

B -

R -

E -

A -

M -

N -

P -

G -

O – Organize Yourself

T -

I -

O -

M -

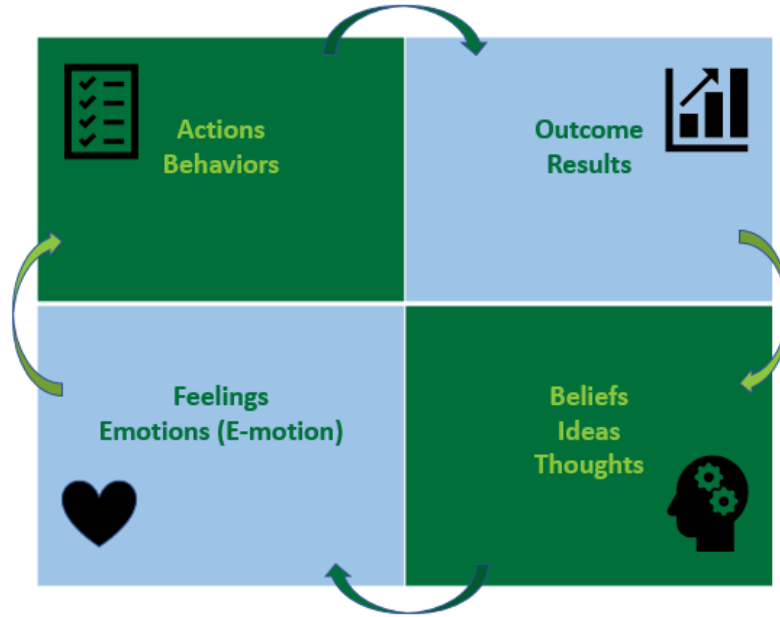
P -

A -

G -

E -

V - Visualize



I – Identify Next Best Actions

By _____, I will perform the following task because it is crucial to my continued progress and success:

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D – Do It

Time Blocking:

Theme Your Week:

Notice your E_____ & R_____:

Segment I_____:

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